

THURSDAY 26TH MAY 2016

Sweetness in dietetic practice: How low calorie sweeteners can be an effective tool in diabetes and weight management



Always staying close to the scientific community, the International Sweeteners Association (ISA) is delighted to be participating in the 54th *Journées d'Etudes de l'AFDN* (First French professional organisation of dieticians), which will be held in Lille, France, from 26th to 28th May.

Come join us on **Thursday, May 26**, from **11:00am to 12:00pm** for a roundtable hosted by the ISA, on the very interesting topics of the role of low calorie sweeteners in weight management and diabetes.

Led by renowned experts in the fields of nutrition, obesity and metabolic disease, **Dr Jean-Michel Lecerf** (Head office of the nutrition department of «Institut Pasteur de Lille») and **Corinne Peirano** (Dietician-Nutritionist, Sports Nutrition & Health), the discussion will focus on how low calorie sweeteners can be useful in weight management, looking at their effect on appetite and sweet taste preference, as well as on the role of low calorie sweeteners in the diet of people with diabetes.

To know more about the ISA, visit us on www.sweeteners.org.

Don't forget to follow us on @SweetenersAndU and join the conversation by using #ISAatAFDN.



Timetable	Speaker	Topic
11.00	Dr Jean-Michel Lecerf <i>Associated professor, Head of the Nutrition Department at Institut Pasteur de Lille, France</i>	Introduction to the panel theme and panellists
11.05	Dr Jean-Michel Lecerf	How can low calorie sweeteners be useful in weight management? <i>Audience / panel Q&A</i>
11.30	Corinne Peirano <i>Dietician-Nutritionist, Sports Nutrition & Health, France</i>	Do low calorie sweeteners have any impact on glycemic control? Effects on blood glucose and insulin levels. <i>Audience / panel Q&A</i>
11.55	Dr Jean-Michel Lecerf	Conclusions from the discussion and closing remarks
12.00		END

About the speakers:

Dr Jean-Michel Lecerf

Medical doctor. Specialist in endocrinology and metabolic diseases.

Physician at the University Hospital of Lille. Associated professor. Head of the Nutrition Department at Institut Pasteur de Lille.

Author of 250 papers with peer review and 450 articles in the field of nutrition, obesity, diabetes, dyslipidemia and endocrinology. Author of 15 books and 50 chapters of books. 400 oral communications. Member of many Scientific Advisory Boards. Expert for ANSES, HAS and AFNOR.

Corinne Peirano

Freelance Dietician-Nutritionist in Paris.

Member of the AFDN (French Association of Dieticians-Nutritionists).

Specialised in overweight and obesity, eating behaviour disorder, expert in sports nutrition.

Lecturer at D.U. Nutrition and APS, University Paris Descartes UFR STAPS Faculty of Medicine of Paris.

HAS (French National Authority for Health) expert in overweight and obesity/

Speaker JFN, INSEP, AFDN, SIFMED/ Member of the SIFMED (French Society of

Medicine and Sports-Health -related subjects).



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